Jesmond Public School - Newsletter
Wednesday 14th May 2014   Term 2 Week 3

We Nurture the Future

Dates for your calendar

TERM 2

Week 3
Thurs 15th May  Yr 3 & 5 Naplan - Numeracy
Fri 16th May     Yr 3 & 5 Naplan - Catch up day

Food Revolution Day
Canteen Closed

Week 4
Mon 19th May     P&C Meeting, 6.30pm
Tues 20th May    3pm Parent Info Session
                 Student Reports
Thurs 22nd May   Cancer Cuppa - Biggest
                 Morning Tea, 10.45-11.45am
Fri 23rd May     Walk To School Safely Day

Week 5
Tues 27th May     Athletics Carnival - Wallsend

Week 6
Tues 3rd June    Athletics Carnival back up date

Parent information Session on Semester 1-
Reporting for English
The parent information session will be held next Tuesday 20th May. We apologise that the note that went home earlier this week had the incorrect date on it. The session will provide some important information about the new NSW English syllabus, which has been developed in line with the Australian Curriculum. The session will also provide information about some changes to our student reports. Everyone is welcome. We look forward to seeing you there.

Food Revolution Day   Friday 16th May
Parents invited
This Friday 16th May our school will be holding a Food Revolution Day in conjunction with Jesmond Woolworths. This day is to promote the joy of cooking and eating good quality fresh food. The focus is on the children however, we would like to invite all parents to join us from 12.30pm - 1.30pm on this day.

Woolworths will be providing the food and helpers for children and parents of Jesmond Public School to make rainbow salad wraps, smoothies and fruit salads. They will also be providing bottled water for our students. Throughout this time children will rotate through teacher-led healthy food lessons, physical activities and the food stalls.

Shhhh … it’s a secret ……..
Students may come dressed in the colours of their favourite fruit or vegetable but must not tell others what they might be as each class will have a guessing competition on the morning of the 16th to see how well they know their fruits and vegetables!!!!! Covered shoes and hats must be worn even though it is out of uniform.
Wonder what fruit or vegetable our teachers will be?

"Cancer Cuppa Morning Tea"   Thursday 22nd May 10.45am
Gold coin or note donation raising money for cancer research. All welcome so we will see you there 😊

Congratulations to the following students who received awards at last Friday’s assembly

Superstar
Ming Thang Pham & Praneet Akula

National Volunteers Week
National Volunteers Week is being held from 12-18th May and this year’s theme is “Celebrate the Power of Volunteering”. The staff of Jesmond Public School would like to thank all our wonderful volunteers who give up their time to make our school such a wonderful place children.

STAGE 2 & 3 EXCURSION PAYMENT SCHEDULES

Great Aussie Bush Camp
Final payment
$70  23rd May
Canberra
$100  4th June
$100  30th July
$50  27th August
Friday 23rd May - Walk to School Day

As part of keeping our students safe we are participating in the Walk Safely To School morning on Friday 23rd May. Teachers will be at the school gates from 8.30am with stickers for those students who have walked to school safely.

Mother’s Day

Thank you to our terrific P&C for organising the Mother’s Day stall last Friday. We hope you all enjoyed a wonderful Sunday.

Our School Canteen

Congratulations to our canteen organiser, Deb Adams, our canteen workers and P&C!! We have been advised by Tessa Delaney, the Good for Kids Good for Life project manager that - 
“Based on our current canteen menu, you are meeting the fresh tastes@ School NSW Healthy Canteen Strategy”

Our canteen, which is run and managed by volunteers, is 73% green foods and 23% amber foods. This was determined after a full project team analysis of our canteen menu.

Great work to Deb, her volunteers and the P&C team.

Growing our kids strong

Great Aussie Bush Camp

Permission and medical notes for this excursion have gone home and need to be completed and returned by Friday 23rd May. The organising teachers are Mr Horton & Mrs Ninevski. If you require any further information or clarification please contact them at a mutually convenient time.

Sport

Athletics Carnival

Our Athletics Carnival notes and canteen order forms for the day went home on Tuesday. If your child has missed either of these notes please ensure they ask their teacher or visit the office for a spare note. The carnival will be held at Wallsend Athletics Club on Tuesday 27th May. The cost is $6.00 which includes bus and ground hire. Permission notes and money are to be returned to the class teacher.

Cross Country

Congratulations to Jaylen Boyce for competing in the Regional Cross Country Carnival. Our school is very proud of your efforts.

Active After-school

Active After-school sport has been fantastic, with students learning a range of tennis skills and having a great time every Monday afternoon. Keep it up!

Live! Life! Well!

Cordials, soft drinks and sports drinks

Cordials, soft drinks and sports drinks should be avoided and only consumed on special occasions and in small amounts. These drinks contain lots of sugar (between 4 to 6 teaspoons of sugar in every 250ml cup) and often also contain artificial colouring and flavouring as well as caffeine. Too much of these drinks can lead to weight gain and tooth decay. They are also expensive and add unnecessary cost to the weekly food budget.

Children can be encouraged to drink more tap water by:
• Having a jug of water on the table at mealtimes
• Offering water when children are thirsty
• Keeping cold water in the fridge at all times
• Giving your child a water bottle when they are involved in active play or sport
• Taking a filled water bottle when you go out

P&C News

Mother’s Day Stall

Thank you to our volunteers, Leanne Roberts and P&C members for their help with the stall. Thank you also to Cheryl Mitchell for her donation of scarves and Pauline Williams for her donations also.

National Volunteers’ Week

National Volunteers’ Week is 12th – 18th May. Thank you to everyone that has contributed to our school.

Biggest Morning Tea

Thursday 22nd May, 10.45 – 11.45am

Athletics Carnival

Lunch order forms are to be returned by Wednesday 21st May.

Please be aware, no more money will be held at the canteen as credit. All money must be used/collected by this Friday, 16th May. No lunches will be processed unless paid for on the day.

Canteen will be closed on Friday 16th May due to Food Revolution visiting the school.